

UNIVERSITY OF LUZON  
Perez Blvd. Dagupan City

COLLEGE OF EDUCATION  
**Bachelor of Secondary Education**  
Major in **Physical Education**  
Curriculum Year **1997 - 1998**

**First Year**

**First Semester**

| SUBJECT CODE | SUBJECT NAME/DESCRIPTION               | HOURS     |          | UNITS       |            | Pre-Requisite |
|--------------|--|-----------|----------|-------------|------------|---------------|
|              |  | LEC.      | LAB.     | LEC.        | LAB.       |               |
| ENG 11       | COMMUNICATION ARTS 1                   | 3.0       | 0.0      | 3.0         | 0.0        |               |
| FIL 11       | KOMUNIKASYON SA AKADEMIKONG FILIPINO   | 3.0       | 0.0      | 3.0         | 0.0        |               |
| HST 11       | PHILIPPINE HISTORY                     | 3.0       | 0.0      | 3.0         | 0.0        |               |
| Mth - 11     | BASIC MATH 1/COLLEGE MATH 1            | 3.0       | 0.0      | 3.0         | 0.0        |               |
| NSC 29       | INTRODUCTION TO PHYSICAL SCIENCE       | 3.0       | 0.0      | 3.0         | 0.0        |               |
| NSTP11L      | LITERACY TRAINING SERVICE 1            | 3.0       | 0.0      | 3.0         | 0.0        |               |
| PE 11        | PHYSICAL FITNESS AND GYMNASTICS        | 2.0       | 0.0      | 2.0         | 0.0        |               |
| PSY 11       | GENERAL PSYCHOLOGY WITH DRUG EDUCATION | 3.0       | 0.0      | 3.0         | 0.0        |               |
| <b>TOTAL</b> |  | <b>23</b> | <b>0</b> | <b>23.0</b> | <b>0.0</b> |               |

**TOTAL ACADEMIC UNIT(S): 23.0**

**Second Semester**

|              |   |           |          |             |            |        |
|--------------|---|-----------|----------|-------------|------------|--------|
| ENG 12       | COMMUNICATION ARTS 2                                    | 3.0       | 0.0      | 3.0         | 0.0        | ENG 11 |
| FIL 12       | PAGBASA AT PAGSULAT TUNGO SA PANANALIKSIK               | 3.0       | 0.0      | 3.0         | 0.0        | FIL 11 |
| NSC 12       | INTRODUCTION TO BIOLOGICAL SCIENCE (HIV/AIDS EDUCATION) | 3.0       | 0.0      | 3.0         | 0.0        |        |
| NSTP12L      | LITERACY TRAINING SERVICE 2                             | 3.0       | 0.0      | 3.0         | 0.0        |        |
| PE 12        | RHYTHMIC ACTIVITIES                                     | 2.0       | 0.0      | 2.0         | 0.0        | PE 11  |
| PHI 13       | LOGIC   | 3.0       | 0.0      | 3.0         | 0.0        |        |
| PSC 12       | PHILIPPINE GOVERNMENT AND NEW CONSTITUTION              | 3.0       | 0.0      | 3.0         | 0.0        |        |
| PSYCHO 22    | HUMAN GROWTH, LRNG. & DEV'T.                            | 3.0       | 0.0      | 3.0         | 0.0        |        |
| <b>TOTAL</b> |   | <b>23</b> | <b>0</b> | <b>23.0</b> | <b>0.0</b> |        |

**TOTAL ACADEMIC UNIT(S): 23.0**

**Second Year**

**First Semester**

|              |  |           |          |             |            |        |
|--------------|--|-----------|----------|-------------|------------|--------|
| EDU 23       | FOUND. OF EDUC 1-SOCIO,PSYCHO AND ANTHROPOLOGICAL FOUNDATION | 3.0       | 0.0      | 3.0         | 0.0        |        |
| ENG 14       | MODERN COMMUNICATION/EFFECTIVE WRITING                       | 3.0       | 0.0      | 3.0         | 0.0        | ENG 12 |
| ENG 15       | PHILIPPINE LITERATURE  | 3.0       | 0.0      | 3.0         | 0.0        |        |
| Filipino 13  | RETORIKA   | 3.0       | 0.0      | 3.0         | 0.0        |        |
| HUM 11       | ART APPRECIATION   | 3.0       | 0.0      | 3.0         | 0.0        |        |
| HUM 13       | FUNDAMENTALS OF MUSIC  | 3.0       | 0.0      | 3.0         | 0.0        |        |
| MTH 12       | COLLEGE ALGEBRA  | 3.0       | 0.0      | 3.0         | 0.0        |        |
| PE 13        | INDIVIDUAL AND DUAL SPORTS/GAMES                             | 2.0       | 0.0      | 2.0         | 0.0        | PE 12  |
| <b>TOTAL</b> |  | <b>23</b> | <b>0</b> | <b>23.0</b> | <b>0.0</b> |        |

**TOTAL ACADEMIC UNIT(S): 23.0**

**Second Semester**

|              |   |           |          |             |            |       |
|--------------|---|-----------|----------|-------------|------------|-------|
| ECO 11       | PRINCIPLES OF ECONOMICS                           | 3.0       | 0.0      | 3.0         | 0.0        |       |
| EDU 22       | PRINCIPLES OF TEACHING AND EDUCATIONAL TECHNOLOGY | 3.0       | 0.0      | 3.0         | 0.0        |       |
| ENG 31       | WORLD LITERATURE                                  | 3.0       | 0.0      | 3.0         | 0.0        |       |
| NSC 21       | ECOLOGY   | 3.0       | 0.0      | 3.0         | 0.0        |       |
| PE 14        | TEAM SPORTS                                       | 2.0       | 0.0      | 2.0         | 0.0        | PE 13 |
| PES 22       | ANATOMY AND KINESIOLOGY                           | 3.0       | 0.0      | 3.0         | 0.0        |       |
| SOC 13       | CONTEMPORARY SOCIAL PROBLEMS AND CURRENT ISSUES   | 3.0       | 0.0      | 3.0         | 0.0        |       |
| STA 11       | ELEMENTARY STATISTICS                             | 3.0       | 0.0      | 3.0         | 0.0        |       |
| <b>TOTAL</b> |   | <b>23</b> | <b>0</b> | <b>23.0</b> | <b>0.0</b> |       |

**TOTAL ACADEMIC UNIT(S): 23.0**

**Third Year**

**First Semester**

|        |  |     |     |     |     |  |
|--------|--|-----|-----|-----|-----|--|
| CSC 11 | FUNDAMENTALS OF COMPUTER                                 | 3.0 | 0.0 | 3.0 | 0.0 |  |
| EDU 12 | HOME ECON. 1/PRACT. ARTS 1/LIVELIHOOD EDUC. 1            | 3.0 | 0.0 | 3.0 | 0.0 |  |
| EDU 24 | FOUND. OF EDUC 2-HISTORICAL, PHILOSOPHICAL & LEGAL FOUND | 3.0 | 0.0 | 3.0 | 0.0 |  |
| ENG 22 | SPEECH AND ORAL COMMUNICATION                            | 3.0 | 0.0 | 3.0 | 0.0 |  |
| PES 21 | HISTORY OF PE AND PHYSICAL FITNESS                       | 3.0 | 0.0 | 3.0 | 0.0 |  |
| PES 23 | INTRODUCTION TO HUMAN PHYSIOLOGY                         | 3.0 | 0.0 | 3.0 | 0.0 |  |
| PES 24 | TEACHING PERFORMANCE IN SPORTS 1                         | 3.0 | 0.0 | 3.0 | 0.0 |  |

|        |   |              |           |          |                 |
|--------|---|--------------|-----------|----------|-----------------|
| PHI 16 | SOCIAL PHILOSOPHY 1 (Incl. gen. & prof. ethics) | 3.0          | 0.0       | 3.0      | 0.0             |
|        |   | <b>TOTAL</b> | <b>24</b> | <b>0</b> | <b>24.0 0.0</b> |

**TOTAL ACADEMIC UNIT(S): 24.0**

**Second Semester**

|                    |   |     |     |     |     |
|--------------------|---|-----|-----|-----|-----|
| CSC12P             | COMPUTER AIDED INSTRUCTION                        | 3.0 | 0.0 | 3.0 | 0.0 |
| EDU 25             | MEASUREMENT & EVALUATION (INCL. EDUC'L RESEARCH)  | 3.0 | 0.0 | 3.0 | 0.0 |
| ELECTIVE 1 (Educ.) | NOTE: ANY (PROFESSIONAL SUBJECT) ELECTIVE         | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 25             | TEACHING PERFORMANCE IN SPORTS 2                  | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 26             | TEACHING PERFORMANCE IN SPORTS 3                  | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 27             | FUNDAMENTALS OF DANCE AND RHYTHMIC AND GYMNASTICS | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 28             | RECREATIONAL LEADERSHIP                           | 3.0 | 0.0 | 3.0 | 0.0 |
| RES 11             | PRINCIPLES AND METHODS OF RESEARCH                | 3.0 | 0.0 | 3.0 | 0.0 |

**TOTAL 24 0 24.0 0.0**

**TOTAL ACADEMIC UNIT(S): 24.0**

**Fourth Year**

**First Semester**

|                    |                                       |     |     |     |     |
|--------------------|---------------------------------------|-----|-----|-----|-----|
| EDU 26             | GUIDANCE AND COUNSELING               | 3.0 | 0.0 | 3.0 | 0.0 |
| EDU 31             | TEACHING STRATEGIES FOR MAJOR FIELDS  | 3.0 | 0.0 | 3.0 | 0.0 |
| EDU-32             | SEMINAR IN EDUCATION                  | 3.0 | 0.0 | 3.0 | 0.0 |
| ELECTIVE 2 (Educ.) | NOTE: ANY (PROF. SUBJ.) ELECTIVE      | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 29             | SPORTS SCIENCE AND HEALTH EDUCATION   | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 30             | ORG & ADM. IN PHYSICAL EDUC. & SPORTS | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 31             | SCOUTING AND YOUTH LEADERSHIP         | 3.0 | 0.0 | 3.0 | 0.0 |
| PES 32             | INTRO TO SPORTS PSYCHOLOGY            | 3.0 | 0.0 | 3.0 | 0.0 |
| SOC 14             | LIFE AND WORKS OF RIZAL               | 3.0 | 0.0 | 3.0 | 0.0 |

**TOTAL 27 0 27.0 0.0**

**TOTAL ACADEMIC UNIT(S): 27.0**

**Second Semester**

|        |  |      |     |      |     |
|--------|--|------|-----|------|-----|
| EDU 34 | STUDENT TEACHING, INCLUDING OBSERVATION AND PARTICIPATION (BSED) | 10.0 | 0.0 | 10.0 | 0.0 |
|--------|--|------|-----|------|-----|

**TOTAL 10 0 10.0 0.0**

**TOTAL ACADEMIC UNIT(S): 10.0**

**Total academic units for course Bachelor of Secondary Education: 177.0 ,Lecture Unit = 177.0, Lab Unit=0.0**